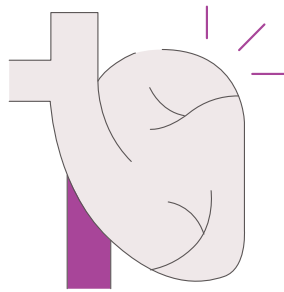


# COULD IT BE HCM?



**Hypertrophic Cardiomyopathy** is a condition that affects the structure and functioning of the heart.<sup>[1]</sup>

## KNOW THE SYMPTOMS

Shortness of breath

Rapid heartbeat or palpitations

Chest pain

Dizziness

Fainting

Unexplained tiredness

The provided list may not be complete and HCM symptoms can appear differently amongst individuals. Please always speak to your doctor, pharmacist or nurse for more information.



## UNDERSTAND YOUR FAMILY HISTORY

HCM is often passed on through families. If one of your parents has HCM, there's a 50% chance you might have it too.<sup>[2]</sup>

Knowing your family history can assist your doctor in identifying any risk factors.

If you are diagnosed with HCM, sharing this information with your family can be important for their health.

Any new or worsening symptoms should be reported to a GP. Only a qualified medical professional can offer an accurate diagnosis.

## GET THE SUPPORT YOU NEED



To learn more, visit the **Could it be HCM?** Support page to watch patient stories and find UK-based patient groups and charities offering additional information and support.